

Sunshine in Shirley

November 2022

Kia ora koutou

Six teams made a delicious lunch of egg sandwiches, muffins and chocolate balls along with a fruit platter.



Each group was also given a different mystery ingredient, ranging from parsley to edible flowers. This only added to the fun of the competition.



Egg Sandwich Recipe:

8 Slices bread
3 Eggs
1.5 T Mayon-
naise
1 tsp Curry
Powder
Salt and Pepper
Margarine for
spreading

1. Boil eggs in water for 5 mins with 1/4 tsp baking soda. Place them in cold water to cool.
2. Spread one side of each slice of bread with margarine.
3. Once the eggs have cooled, peel the shell off.
4. Mash the eggs with a fork, add mayonnaise, curry powder, salt and pepper.
5. Spread mixture on a side of the bread and top with another slice of bread.

MACFARLANE TREASURES & MINI MARKET

A great event thanks to those who ran stalls plus all who came along. Certainly many people went home with lots of new clothing!

Plus the market raised over \$800 to support local children going to school camp.



Empowering people...changing lives



(03) 981 5521



shirleycommunitytrust



office@shirleycommunitytrust.org.nz



www.shirleycommunitytrust.org.nz



Our final talk this year is
'Enjoy Christmas Without Breaking the Bank'
 on Wednesday 23rd November 10am at the Park Centre,
 Acheson Ave.

Join Linda in a discussion around ways to enjoy Christmas
 without adding to the money pressures.

All welcome, morning tea provided!



Years 7+

Tuesdays, November 8th–December 6th
 3.30pm- 4.30pm, Macfarlane Park & Court

Shirley Community Vaccinations

Te Whatu Ora (Health NZ) are bringing their vaccination van to
 Shirley! The Jabberwaka will be at the Neighbourhood Centre,
 Acheson Ave, from 9.30am–2pm Monday and Friday, and
 10.30am–5pm on Wednesday, 7th–25th November.

Their friendly team will be there to talk and answer any questions
 about vaccinations. There will be Countdown vouchers and other
 goodies for anyone getting vaccinated!

Vaccinations available are COVID-19, Measles (MMR), as well as
 Flu for those eligible.



Te Whatu Ora
 Health New Zealand
 Waitaha Canterbury

Social Touch Rugby

Mondays 6pm at Macfarlane Park,
 Acheson Ave. All welcome to come
 down to play or watch.



Shirley Play Pop-up

Free play activity for
 pre-schoolers.

Every Thursday 1.45-2.45pm
 at the Shirley Reserve
 (opposite Shirley Primary
 School).



Christchurch
 City Council

KIA KORI WAITAHA
 PLAY in Canterbury

**Thanks to all those who contribute to this newsletter – through articles or
 photos plus all those who deliver the copies each month.**



Shirley Village Project

"Shirley residents and organisations working together for a 'caring, colourful, and connected' Shirley Community."



Building Cultural Capacity in Shirley

We would love to hear your experiences and ideas on the cultural needs of the Shirley community. Shirley Village Project have invited Danette to work with them around building the cultural awareness and engagement within the community. Come along to the Kai and Korero sessions for a casual chat about the cultural needs in Shirley.

- Wednesday 2nd November, 12.30pm to 2pm, MacFarlane Park Centre, 19 Acheson Ave.
 - Thursday 3rd November, 5.30pm to 7pm, Shirley Primary School Hall.
- With a focus on Māori community.
- Wednesday 10th November, 5.30pm to 7pm, Shirley Primary School Hall.



The Listening Post

Mondays, 2.30pm–4pm, lower MacFarlane Park, Jebson St entrance.

There is lots happening here over November. Each week Jimmy from Kia Kori Waitaha will have play equipment, and the 'Jabberwaka' will be there for immunisations. The 21st November session will have a Family Violence prevention theme with BBQ. Everyone welcome for a chat and cuppa.



COMMUNITY LED DEVELOPMENT WORKSHOP

**WEDNESDAY 9 NOVEMBER
5:30-7:30PM, KAI PROVIDED
MACFARLANE PARK CENTRE**

Join us to learn more about Community Led Development and how it applies in Shirley. Open to anyone involved in the Shirley community. Register on Facebook or contact Bec on 021 125 7846 or shirleyvillagebec@gmail.com to secure your place!

Shirley Tool Shed:

New tool – Wood Chipper!

Mulch your garden green waste for compost and save dump fees.

Open every Wednesday 4pm to 6pm at 33 Briggs Road.

Phone Steve, 021 186 3645

or for more info visit

<https://shirleytoolshed.myturn.com>



Family Harm Support: AVIVA provide good information and support for those experiencing family harm or violence. Ph 0800 284 82669.



Community Lawn Mower: Contact Warren by text 021 0235 5869 to book the community mower. Delivered for \$12 per use which includes fuel.

Employment Support: Wednesdays (school term) 10:30-12pm at Neighbourhood Centre, 17 Acheson Ave. Ngaire and Emma are there to help you with CV's and support you with possible job opportunities.

A Chat with Emma McGurk:



When I heard that Emma McGurk had been appointed as the Community Project Activator with the Shirley Village Project, I was keen to find out about her as well as what drew her to this role. So I met up with her and asked her the following questions.

Tell me about your background:

I grew up in Waiau, North Canterbury and went to the University of Canterbury completing a Fine Arts degree. Then I wanted to travel so spent time living in South Korea and London. I returned to Christchurch just after the earthquakes and started work at Woman's Refuge. I enjoyed being able to support women, and it was a privilege to be part of their journey. I also got involved in 'Rekindle' which was set up to recycle materials from demolished houses post-earthquake. That's where I met my husband Tim.

And today you are not only a wife but also a mother?

Yes, that's right. I am a mother to Ludo who is 5 and goes to Shirley Primary School and Bessie who is 18 months. We have now lived in Shirley for 8 years. We love living in this community. As Tim says it takes me half an hour to do a five-minute trip through the park as I talk to people along the way!

Tell me about your role with the Shirley Village Project:

I am overseeing the Listening Post each Monday afternoon in term time. I am responsible for the Mural project, for Employment Support and the Family Harm prevention initiative. I was drawn to this role as it was in my own community and I could be part of continuing to make this a great place to live. I love talking and connecting with people. I feel very lucky that my family gets to benefit from the amazing community building that the Shirley Community Trust and the Shirley Village Project are doing.

What has been a wisdom that you carried with you?

When I was living in South Korea my grandfather shared this with me:

"It doesn't matter where you are it's the people around you that matter."

What would you say to someone that is experiencing family harm and feeling isolated and alone?

Whether you are a victim of violence or are using violence, you are not alone.

People care and will want to support you. There is help and support out there for you.

What do you do to relax?

I don't get much time to myself these days but when I do, I love to spend time in the garden, or doing a bit of painting. As a family we like to head out somewhere for a walk amongst the trees.

Carol Renouf

Community Nurse