

# sunshine in *Shirley*

May 2023

**Kia ora koutou**

## FAMILY / YOUTH EVENTS COMING UP IN MAY

### Shirley 'Bird Song' Trail Planting Day

Saturday 20th May // 9.30-11.30am

Meet at Acheson Ave end of MacFarlane Park

*Morning tea provided*

For more information  
contact Colin  
027 639 1331

shirley Christchurch  
City Council



**SHIRLEY  
HOOPS & HANGS**

MacFarlane Park  
Basketball Court

**FRIDAY 19TH MAY  
6-9PM**

**FREE EVENT  
FREE CUTS // FREE KAI**

NO NEED TO REGISTER -  
JUST TURN UP

Kia Kori  
Waitaha

ambitions  
room

shirley  
community trust

## PHOTOS FROM OUR EVENTS IN THE HOLIDAYS

### FAMILY FUN DAY



### BEAR HUNT



### INCENTIVE SAVER

YOU CAN START TO SAVE NOW  
WE WILL MATCH YOU DOLLAR  
FOR DOLLAR



If you've always wanted to start saving but keep putting it off,  
then now's the time!

Methodist Mission run a savings scheme where they will  
match up to \$500. Get in touch with Linda (financial mentor)  
for full information. Linda is usually at the community cafe on  
a Friday or you can get in touch with her 027 818 7116 or  
email [lindas@mmsi.org.nz](mailto:lindas@mmsi.org.nz).

### Waka Ora Health Shuttle

**Ōtautahi** *Christchurch*



The Hato Hone St John Health Shuttle service provides  
transport to health related appointments. This service is  
run by volunteers and there is no fee, however donations  
are gratefully accepted to help cover operating costs.

For more information or to make a booking call

**0800 103 046**

Call between 9am & 3pm weekdays

Bookings are required by 3pm the day prior to transport

### Shirley Op Shop is now open!

The Shirley Op-Shop was established by Emmett Street Community Church. Their aim is  
to support the local community by providing quality used goods at affordable prices.  
ALL proceeds from the The Shirley Op-Shop go towards work in the Shirley community.

The shop is open at 77a Briggs Road Wednesday-Saturday 11am-3pm



**Empowering people...changing lives**



(03) 981 5521



[office@shirleycommunitytrust.org.nz](mailto:office@shirleycommunitytrust.org.nz)



[shirleycommunitytrust](https://www.facebook.com/shirleycommunitytrust)



[www.shirleycommunitytrust.org.nz](http://www.shirleycommunitytrust.org.nz)

**Thanks to all those who contribute to this newsletter – through articles or  
photos plus all those who deliver the copies each month.**





# Shirley Village Project

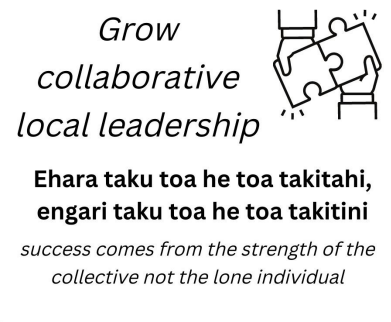
"Shirley residents and organisations working together for a 'caring, colourful, and connected' Shirley Community."



## Community-led Development

The fourth of our Community Led Development principals is "Grow collaborative local leadership". We are really enjoying supporting the people who put forward ideas in our recent "Pitch for Shirley" events. Look out for Petra's slackline, Debbie's gumboot swap and Isla's dog market day.

For more info visit [www.shirleyvillage.org](http://www.shirleyvillage.org)



## BIG IDEAS

Sunday 7th May 2-4pm  
Shirley Intermediate

Let's hear about the big ideas for Shirley  
and find out where the energy is to set  
the priorities for our Community Plan!

If you have a big idea, talk to Bec  
021 125 7846 [shirleyvillagebec@gmail.com](mailto:shirleyvillagebec@gmail.com)

## The Great Gumboot Swap!

at the Listening Post  
Monday 8th May 2-4pm  
MacFarlane Park @ Jebson St

Bring your outgrown / spare gummies  
and find what you need for this  
winter!

Gumboot throw competition

## Family Violence has NO place in Shirley:

We are focusing on preventing family violence because community surveys showed it is important to residents.

Here are some of our local support options and initiatives:

**Battered Women's Trust info session.** Thursday 4th May, 9am-10am, at Emmett St Community Church Hall. Info about services, support, and answering questions. Open to all.

**Family Harm support.** Emma is a local family violence support person. She is available for a chat any Wednesday 11am to 12.30pm at the Neighbourhood Centre, 17 Acheson Ave, or ph 022 103 8351. On Wednesday 17th May she will be joined by Kim from The Loft (Eastgate).

Emma is also available at the Listening Post on Mondays.

**Mailbox stickers.** We have four types of stickers to support a family violence-free Shirley. Show your support by putting a sticker on your mailbox or car. Stickers are available from the Neighbourhood Centre.

For more info contact Emma, ph 022 103 8351.



**Listening Post:** Each Monday of school term, 2.30pm to 4pm, lower MacFarlane Park. (cancelled if raining). Casual friendly place for a chat and links to support.

**Employment Support:** Drop in sessions Wednesdays 10.30am to 12pm, at the Neighbourhood Centre, 17 Acheson Ave. Or phone Teresa on 027 581 2555. Help with CVs, access to courses or support to get into work.

**Shirley Tool Shed:** Get rid of your autumn leaves with our rakes, blowers and mulcher. Open every Wednesday, 4pm-6pm at 33 Briggs Road. Over 500 tools/items to borrow. For more info visit <https://shirleytoolshed.myturn.com>

**Community Lawn Mower:** Contact Warren by text 021 0235 5869 to book the community mower. Delivered for \$12 per use which includes fuel



## CONNECTING WITH PEOPLE IN OUR COMMUNITY

Caroline Ellis is a Public Health Nurse working in the Shirley area. We had a chat about her role and her passion to support families to have good health outcomes.



### What is your role in the community?

My role is to help improve inequities and access to healthcare for children and families in the Shirley area, by being present within the area on a weekly basis.

### What does a Public Health Nurse do?

We are Registered Nurses who have knowledge, experience and training in child/tamariki and family/whānau health. We work alongside children, young people, parents, caregivers and school staff. We can liaise with GPs, specialists and other service providers.

### What would you like to see in this community?

For families with children who have health concerns that are impacting them at home or school to feel supported. This would be through a referral into the Public Health Nursing Service.

I would love to see all the children and young people in the Shirley area engaged/enrolled with all the FREE health services that are available to them – for example Vision and Hearing checks, Dental enrolment, B4 School Checks, childhood vaccinations – I can help with this process.

### What would you say to a Mum, Dad or caregiver who is hesitant about asking for help from a health professional?

I always say that no question is a silly one, and that you know your child better than anyone, so if you have concerns come and have a chat and I can work with you to figure out who best to speak to regarding your concern. Our conversation is confidential, and I'll discuss this with you at the beginning of our chat.

### When and where are you available for people to meet you?

I will be at MacFarlane on the Park café most Fridays. If you get there and you can't find me, please message me or ask one of the staff to message me. My business card is on the notice board, my number is 027 687 2299.

### What is an activity you enjoy doing and why?

Any time spent in the outdoors with my partner Matt and our two children is a favourite pastime. Be it at the beach on a hot day, biking in the forest or being up in the snow during the winter. Getting out in the fresh air is always a quick way to recharge and get going for the day.

Carol Renouf / Community Nurse

**Te Whatu Ora**  
Health New Zealand  
Waitaha Canterbury

## Shirley Community Vaccinations

The Jabbawaka will be back near the Neighbourhood Centre each Friday in May and June 9.30am-4pm, with COVID-19, MMR and funded Flu vaccinations for those eligible. No bookings required.



We deliver Sunshine in Shirley to every letterbox in our neighbourhood. We hope you value our newsletter more than advertising or junk mail. However, if you do not wish to receive this newsletter, please contact us at [office@shirleycommunitytrust.org.nz](mailto:office@shirleycommunitytrust.org.nz). Thanks, the SCT team.