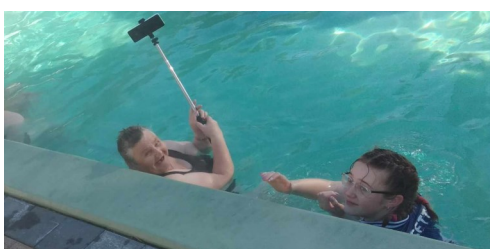


sunshine in *Shirley* August 2023 Kia ora koutou

Hanmer Springs Bus Trip



Our annual bus trip to Hanmer Springs was a great day out for all those who went. The weather was fine and everyone enjoyed their time in the pools, either relaxing or having fun on the great variety of hydro-slides available.



What do you think the Shirley Community Reserve (10 Shirley Road) should look like?

The Christchurch City Council is wanting feedback from the community on how you would like to see the space used.

Visit letstalk.ccc.govt.nz/SCR to have your say before 14 August or Stacey from CCC will be at the Neighbourhood Centre on Wednesday 2nd and 9th August from 10am to 12.00 to have a chat



A recreational space for people to meet and play?

These images are intended as concepts only



Keep the space as it is?

These images are intended as concepts only



A community hub?

These images are intended as concepts only

MacFarlane Park Community Garden

The Children's Gardening Club have been busy creating and building a new garden bed for our garden lately, and last month they received a certificate/award from City Council for the great work they do.

Thank you gardening kids, and thank you Christchurch City Council.

If you haven't been to the garden lately, head down to lower MacFarlane Park off Jebson Street and check out their great mahi.



AFTER SCHOOL GARDENING CLUB

for primary school aged tamariki

TUESDAYS
(DURING TERM TIME)

3.15-4pm

MacFarlane Park Community Garden
(off Jebson Street)

For more info contact Ann
027 4700 442

shirley
community trust

MONEY MATTERS

A presentation on how to
make your money go further

THIS MONTH'S TOPIC:
Kiwisaver Unwrapped -
how the scheme works in
simple language

Wednesday 16th August
10am
MacFarlane Park Centre

Morning tea provided

Contact Sharyn for more info - 022 621 8269

shirley
community trust

Free Energy Advice from CEA in Shirley!

Are you struggling with high power bills? Is your house too cold to be comfortable? Not sure what to do about condensation?

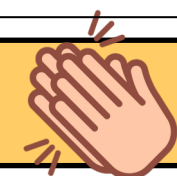
Jaimita from CEA (Community Energy Action) Charitable Trust will be at the community café every second Friday (red bin week) over the winter months for free energy advice. Come and have a chat about the best ways to keep your house warm and dry, and how to stay healthy at home.



CEA has been working on energy efficiency in the community for nearly 30 years, mostly for low-income households. They offer subsidised insulation and heating for low-income homeowners (with CSC or living in a low-income area), free recycled curtains for all, and free energy advice including in-home advice for low income and otherwise vulnerable homeowners and tenants. In-home advice for tenants does not cover items which are the responsibility of landlords such as insulation and heating, but it does cover what you can do as a tenant.

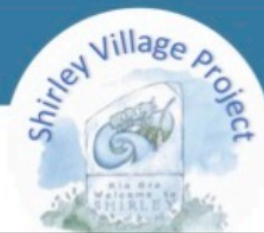
See you at the café on Fridays!

Thanks to all those who contribute to this newsletter – through articles or photos plus all those who deliver the copies each month.



Shirley Village Project

"Shirley residents and organisations working together for a 'caring, colourful, and connected' Shirley Community."



Our theme for August - Being part of something bigger than yourself.

"The quality of your life will be determined by the quality of your contribution.

When you work to improve the lives of others, your life improves automatically." Kurek Ashley

Shirley Village Project – Big Update Hui

On Thursday 31st August 2023, we are holding a hui to celebrate the amazing outcomes and many people and organisations who have contributed to the community-led development in Shirley over the last 5 years. It is also a good opportunity to share our ideas and community plan for the next 4 years with the DIA funding we have in place.

We invite residents and people from local organisations to join us at the Emmett Street Community Church hall, 106 Emmett Street from 9.30 am to 1.00 pm, with lunch provided.

Please let Steve know if you are interested in attending, email shirleyvillageproject@gmail.com or text 021 186 3645.

Volunteering Opportunities

Mairehau High School is in desperate need of Reader/Writers for students completing NCEA assessments, for an hour at a time, once or twice a month. Might become a paid role. Full training provided. For more information and conditions email Siobhan at murphys@mairehau.school.nz.

Big Brothers Big Sisters are a well established youth mentoring organisation. They are seeking local Shirley people to be matched with a local child aged from 6 to 12 yrs. These are good kids who just need an everyday adult to be their friend and advocate. By connecting with them once a week you will help their confidence, decision making, and education. Full training and support provided by BBBS.

For more information email: christchurch@bbbs.nz



**Hato Hone
St John**

First Aid: Are you keen to get your first aid certificate or do a renewal course? Getting First Aid trained can help you get employment and prepare you to help family and friends in a medical emergency. If there is enough interest we can organise a one day St John First Aid course to be held in Shirley at a reduced cost. Register your interest by texting Steve on 021 186 3645.

Wahine Toa Shirley: Wahine Toa is a fortnightly group for women who have lived experience of family violence. It's a safe space to connect and support each other as you journey through healing. The group is facilitated by AVIVA, and will be focused on doing activities together, and learning new skills as we build relationships and empower each other. If you would like to join the group, please contact Emma for details on 022 103 8351.

Kapa Haka: An all age community kapa haka group is getting started in Shirley. If you would like to be part of this, get in touch with Bec at shirleyvillagebec@gmail.com or 021 125 7846.

Shirley Tool Shed: Spring is just around the corner. Now is a good time to prepare your gardens for spring planting. The Shirley Tool Shed has a rotary hoe available for you to borrow for only \$15 per week. We also have lots of other garden tools available, so come down and visit us. We are open every Wednesday, 4pm to 6pm at 33 Briggs Road. Over 500 tools/items to borrow. For more info visit <https://shirleytoolshed.myturn.com> or call Steve on 021 186 3645.

Community Lawn Mower: Contact Warren by text 021 0235 5869 to book the community mower. Delivered for \$12 per use which includes fuel.



A Coffee and Chat with Dietrich Soakai

It was a highlight of my week to meet for the first time Dietrich Soakai, employed by the Shirley Village Project as a Youth Engagement Activator in the Shirley community.

I welcomed Dietrich to our awesome community.

Where are you from?

Presently I live with my wife in Aranui. I have spent a lot of my life with my whānau in South Auckland. I was born in Samoa and lived for some of my childhood in Tonga. I do identify with my Tongan roots. And, as my name tells you I do have German heritage as well.



What is your desire for your time in the Shirley community?

I want to be available and approachable to everyone, to give time, a listening ear, encouragement, and support. Every person has value and I want my presence to affirm that within them. I will be at the Café each Friday.

I do have a big hairy audacious goal – that is to work with the community to have full attendance at all schools in Shirley for all our tamariki and rangatahi!

You mentioned in our conversation that you are a Spoken Word Poet. I haven't heard of that before, tell me about it.

Spoken Word is a poetry that is meant to be performed for an audience, rather than just read on a page. I have performed this poetry in various countries, in pubs, churches, bus stops and with orchestras. In fact, I am organising a Spoken Word Inter-High School competition in Christchurch and so far, have six schools involved.

I ended my interview with asking Dietrich what he thinks is key to a good marriage/successful relationship.

He thought for a time and then left me with these two quotes.

"If we do not transform our pain, we will most assuredly transmit it" - Fr Richard Rohr.

"It is not what happens to you; it is what happens inside you as a result of what happens to you" - Gabor Mate.

So, if you want to explore these quotes with Dietrich or ask him more about what you have read here, he will enjoy a chat.

Carol Renouf / Community Nurse

Shirley Childhood Immunisation Clinic @ Rhombus Studio, Acheson Ave

For tamariki 12mths and over, and whānau who are due for their immunisations.

Clinics: Friday 11th & 25th August, 11 am - 3 pm, alongside the regular Winter Vax Clinic.

Please phone 0800 220 082 to book an appointment.

Caroline our local Public Health Nurse will be there as a familiar face and is happy to answer any child health related questions.

There will also be a weekend Winter Vax Clinic on 5 & 6 August, 11 am - 4 pm.

Te Whatu Ora
Health New Zealand
Waitaha Canterbury



Empowering people...changing lives



(03) 981 5521



office@shirleycommunitytrust.org.nz



[shirleycommunitytrust](https://www.facebook.com/shirleycommunitytrust)



www.shirleycommunitytrust.org.nz

We deliver Sunshine in Shirley to every letterbox in our neighbourhood. We hope you value our newsletter more than advertising or junk mail. However, if you do not wish to receive this newsletter, please contact us at office@shirleycommunitytrust.org.nz. Thanks, the SCT team.