Sunshine in Shirley











Thank you to everyone who made this an awesome community event staff and volunteers, stall-holders and performers, and the community who supported us, Shirley is a great place to live!











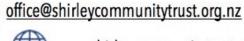


Empowering people...changing lives



(03) 981 5521





shirleycommunitytrust (www.shirleycommunitytrust.org.nz

We deliver Sunshine in Shirley to every letterbox in our neighbourhood. We hope you value our newsletter more than advertising or junk mail. However, if you do not wish to receive this newsletter, please contact us at <u>office@shirleycommunitytrust.org.nz</u>. Thanks, the SCT team.

COTOMN SERIES YOUTH EVENTS Free for Shirley youth 17-13



SPORTS DROP-IN Wednesday 17th April MacFarlane Park basketball court & field 1-3.30pm



MAKING PANCAKES Wednesday 24th April MacFarlane Park Community Centre 1-2pm

MOVIE



O27 568 O833

Official Pergola Opening

We will be thanking and celebrating those who have contributed to creating the pergola and murals in the Community Garden on Tuesday 9 April from 4pm, if you would like to join us.



shirley

HAVE A GO At te reo Māori

A relaxed environment to learn some basic Māori language Term 2 starts on Monday 29 April

Mondays (during term time) 5.30-6.30pm MacFarlane Park Centre

Thanks to all those who contribute to this newsletter – through articles or photos plus all those who deliver the copies each month.



MILK CONTAINER LID RECYCLING

Bring your clean milk container lids to the Neighbourhood Centre to recycle & place them in the buckets on the decking outside

SOCIAL TOUCH RUGBY

The final night for this season will be Monday 1 April from 6.15 pm, ending with a BBQ. Games will resume when daylight saving starts in September.

Daylight Saving Don't forget that daylight saving ends on Sunday 7 April, remember to set your clocks back 1 hour.





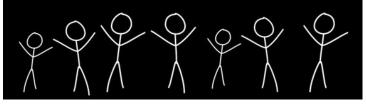
Eastern Community Sport and Recreation Incorporated AVON HUB ,NORTH PARADE, RICHMOND

Shirley Village Project

"Shirley residents and organisations working together for a 'caring, colourful, and connected ' Shirley Community."

SHIRLEY COMMUNITY **ALL AGE KAPA HAKA**

MacFarlane Park Centre Free kai 5:30pm, Kapa haka 6-7pm Thursdays term time, starting 28 March To sign up or for more info contact Bec 0211 257 846 shirleyvillagebec@gmail.com



Keeping the Community Safe

Remember, it is important that ALL crime is reported to the Police, they cannot support us if they don't know what's happening in the community.

Please call 111 if you see crime happening or has just happened!

Call 105 if you discover the crime after it has happened and the offender is no longer there.

Never feel like you are wasting Police time as they do want to know when there are problems in our neighbourhood.





Village

Are you creative and looking for an outlet? Do you have creative skills you are hiding away? Would you like to see more opportunities for making and creating things here in Shirley?

We need you to be part of making Shirley a vibrant creative community. Please come to our first "Create Shirley" informal meet up where we can share ideas and thoughts on what we'd like to see happening in Shirley.

Wednesday 27th March 6 pm MacFarlane Park Centre, 19a Acheson Ave Snacks provided For more info contact Emma

shirleyvillage.emma@gmail.com 022 103 8351

Regular Opportunities to Connect

Listening Post Mondays 2:30 - 4pm at the MacFarlane Park Community Garden

Employment Drop-in Wednesdays 10am - 12pm at the Neighbourhood Centre

Edward from **Community Law** at the Community Cafe on Fridays 11-12pm

Shirley Tool Shed: Open every Saturday 9-11 am at 33 Briggs Road Over 500 tools/items to borrow. For more info visit https://shirleytoolshed.myturn.com **Community Lawn Mower:** Contact Warren by text 021 0235 5869 to book the community mower. Delivered for \$12 per use which includes fuel.





A Chat with Helen Ross

Helen Ross visits MacFarlanes on the Park Community Café regularly. She is one of the Social Workers working in Christchurch East with Enliven Presbyterian Support. Tell me about your role?

I mainly work with 'older' people. I do support and journey with families who have an older person they have concerns for. I can guide people to services and supports they don't know about. On my team with me is another Social Worker and a Counsellor. What do you enjoy about your job?

I do appreciate meeting with people and hearing their stories. You have been coming to the café for some time. What do you appreciate about the community of Shirley? The people of Shirley look out for each other. It is a caring community. And I enjoy the food and coffee at the café!! (Keep up the great work Baristas and bakers).

How do you encourage people in their health journey? I like to help people be responsible for their own health and wellbeing. It's great to be a support to people to help them overcome barriers. But I love it when I see people taking the initiative and going out of their comfort zone or embarking on something new that will help their mental and physical health. I just want to cheer them on. What do you do to relax?

I find pleasure and refreshment in gardening, I breed worms, and I do love my yoga. If you are wondering who Helen is at the café, she is the lady with the hat and she'd love to have a chat with you!! Carol Renouf - Community Nurse



