



sunshine in Shirley

August 2024

Hanmer Springs Bus Trip

The weather was perfect for our annual trip to Hanmer Springs!
A fabulous time was had by all - whether they were blasting down the slides, cruising around the lazy river or relaxing in the pools.



Create Shirley

Check out these pics from the two toy mash-up events in the holidays - see page 3 for more creative events coming up...



Empowering people...changing lives



(03) 981 5521



shirleycommunitytrust



office@shirleycommunitytrust.org.nz



www.shirleycommunitytrust.org.nz

Let's Keep Shirley Beautiful

It's great to have a rubbish bin back in MacFarlane Park – thank you CCC. Please make use of it and encourage others to keep the park tidy!



Clean milk bottle lids can be brought to the Neighbourhood Centre to be recycled. If there are other items that can't go in yellow bins that would be helpful for us to collect, please chat with Sharyn. It's good to look after our environment.

Remember you can Snap Send Solve issues like graffiti, trolleys, excess rubbish, damaged trees etc. Download the app and start snapping.



Feeling crafty? Free

Join us for Craft Collective and try your hand at a different craft each month!

11am–noon, first Wednesday of the month (except October)
Shirley Library
All materials provided, no prior skills or bookings required.

christchurchcitylibraries.com

7 August – Gift Tags
4 September – Jar Craft



Shirley Catch Up

Friday 23 August
10.15am - 11.00am
MacFarlanes on the Park Cafe
17 Acheson Ave

Join MP for Christchurch East, **Reuben Davidson**, to discuss any issues or opportunities.

No bookings required.

Questions? Get in touch.
chcheast@parliament.govt.nz
0800 MP EAST



Authorised by Reuben Davidson MP, Parliament Buildings, Wellington



Knit and Knatter

This amazing group of 40 women knit and knit and knit! Between them, they have knitted nearly 1500 items in the last year that have been donated to the hospitals, night shelters, kindys and many other places.

They welcome new knitters to join them at the Park Centre on yellow bin Wednesdays at 10.00 am and are very grateful for any donations of wool.

For more info contact Sue on 027 6149600.



Walking Group

Would you like to join others from the community for a short walk and social catch-up? A walking group will meet at the Neighbourhood Centre every Friday at 10.00 am, walk starts at 10.15 and will return to the café for hot drink and chat.

All ages and fitness levels welcome.

For more information contact Teresa on 027 581 2555.



Thanks to all those who contribute to this newsletter – through articles or photos plus all those who deliver the copies each month.



Shirley Village Project

"Shirley residents and organisations working together for a 'caring, colourful, and connected' Shirley Community."



Create Shirley

Sunday Sessions

Join us on Sunday afternoons at the Neighbourhood Centre for creative time. Open studio sessions and workshops alternating weekly. Follow our Facebook or Insta page for more information or contact Emma.

Art Park

If you would like to add your own artwork to the collection of wonderful murals in MacFarlane Park please get in touch with Emma.

emma@shirleyvillage.org or 022 103 8351.



A monthly space where residents can support each other with ideas to keep their homes warm and energy bills down. Information resources and home measurement kit available. Drop in to the Neighbourhood Centre on Thursday 1 August between 10am and 12pm.



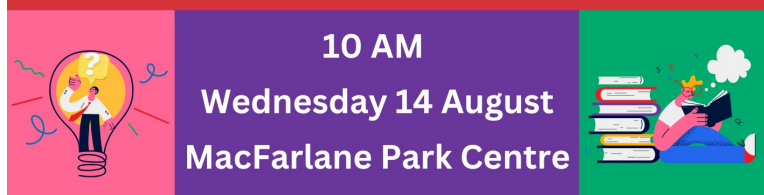
Women's Group

Thursdays 12:30-2:30pm

A place to connect, learn new skills, try some crafts and take some time to relax and focus on your own wellbeing.

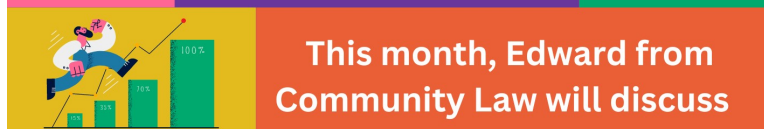
If you are interested please contact Emma 022 103 8351 or emma@shirleyvillage.org

WISE UP WEDNESDAY



10 AM

Wednesday 14 August
MacFarlane Park Centre



This month, Edward from
Community Law will discuss

All
Welcome!

Morning tea
provided

Afterpay and
Hire Purchase
and contracts around those



For more
information,
contact Teresa on
027 581 2555



Shirley Community

All Age Kapa Haka

New day and time for term 3:

Wednesdays 6.00 - 7.00 pm

MacFarlane Park Centre

For more info contact bec@shirleyvillage.org



Reflections from the Foot Care Clinic

It was great to have extra volunteers at the at the Foot Care Clinic in the July school holidays. Melissa, Jazalia, Casper and Nisstasia, who are normally at school all helped in various ways. Their help was so appreciated.

Nisstasia asked clients the following questions:

- What are three things you are thankful/grateful for?
- What is an activity or hobby you enjoy and why?
- What advice would you give to the younger generation?

Vonda reflected: I am thankful for my house because I have a place to live. I am thankful for my dog because she is great company and wants a walk each day so keeps me walking. I appreciate my neighbours and family for they are nice to me. I enjoy attending a walking group and Keep Fit, and they both keep me moving.

I want to tell the younger generation to keep yourself safe.

Susan said: I appreciate my family; I enjoy their company and they make life interesting. I am thankful for the gift of life. I enjoy plants and flowers. I love how they all look, their smell and fragrance. I enjoy reading non-fiction as it is informative and 'who done it?' fiction.

I want to encourage the younger generation to look at the real world and not the fake one!

Mary mused: I am grateful for my family because they are there for me. I am thankful for my 5 grandchildren and 5 great grandchildren. I appreciate my friends for they keep me sane!

I do enjoy knitting and started the Knit and Knatter group several years ago to share my love of knitting with others. I like to support others in their passion and bless many people with knitted items. I also enjoy playing computer games.

I want to encourage the younger generation to be respectful of others, particularly those in authority and people who have wisdom and experience.

Carol Renouf Community Nurse.



Melissa giving a foot massage to her grandfather



Nisstasia giving a foot massage to Martin

FOOT CARE CLINIC

Clinics held on a Tuesday every 3 weeks

9.45am - 2pm

AT THE
Park Centre
Acheson Ave, Shirley

Enjoy a foot spa, nurse-led nail care, a relaxing foot massage and a cup of tea!

Appointments Essential

Please phone Sharyn on 022 621 8269, or the SCT office on (03) 981 5521 and leave a message with your name and phone number for an appointment. Sorry we are unable to take those with insulin dependent diabetes.



For more information about Shirley Village Project and the programmes we run please visit www.shirleyvillage.org or Shirley Village on Facebook or Instagram

We deliver Sunshine in Shirley to every letterbox in our neighbourhood. We hope you value our newsletter more than advertising or junk mail. However, if you do not wish to receive this newsletter, please contact us at office@shirleycommunitytrust.org.nz. Thanks, the SCT team.