

Sunshine in Shirley

September 2025

Kia ora koutou

SHIRLEY Spring Market

SATURDAY 20TH SEPTEMBER

10am - 12.30pm

Outside the
Neighbourhood Centre
17 Acheson Ave

A variety of stalls -
Food / clothes / plants / gifts
bouncy castle and more

For more info, contact Sharyn: 022 621 8269



MEET THE CANDIDATES

standing for Innes Ward Council
seat and Community Board.

MONDAY 22 SEPTEMBER
6 - 7 PM

AT MACFARLANE PARK CENTRE
19 ACHESON AVE, SHIRLEY

Kai provided



If you have any questions for the candidates, please
email office@shirleycommunitytrust.org.nz
by Thursday 18 September



SHEAP SHIRLEY EMERGENCY ACTION PLAN As part of our emergency plan we are keen to offer 3 Steps for Life trainings in conjunction with Hato Hone St John. This is a great opportunity to learn skills that could save a life. Courses need 10 or more, so contact us if you have a group interested. Or join one of our upcoming courses.

3 STEPS
FOR LIFE
+ PLUS ONE



Ngā Tohu Whakaora e 3 3 Steps for Life

3 Steps for Life is designed to give all New Zealanders the confidence and awareness to take action when somebody suffers a cardiac arrest by:

1. Calling 111
2. Starting CPR
3. Using an AED



A 3 Steps for Life Awareness Session is for all members of the community to introduce them to life saving skills for people in a cardiac arrest. The awareness session will cover basic CPR and AED skills. Anyone can participate, and the course is completely free of charge. An awareness session is approximately one hour long.

Free Training
Keep an eye on the Shirley Community Trust
Facebook page for dates



Please come and support our barista trainees at the Neighbourhood Centre on Mondays or Wednesdays. Coffees are just \$2, but please remember they are learning, so be patient if you have to wait a few minutes. Constructive feedback is also welcome.



Spring Forward

Remember clocks go forward 1 hour on
Sunday 28 September



You are welcome to attend our:

SPEECH and language DROP IN

TERM 3

DO YOU HAVE CONCERNS ABOUT YOUR CHILD'S
SPEECH AND LANGUAGE OR BEHAVIOUR?

Drop in for a cuppa and chat with your local Speech and Language Therapists, Early Intervention Teacher from Ministry of Education and/or the Public Health Nurse. Drop ins run twice a term in weeks 3 and 8

DROP IN ANY TIME BETWEEN 9AM AND 12PM
TUES 29TH JULY OR THURS 4TH SEPT

MACFARLANE PARK CENTRE (AROUND THE BACK
FROM THE CAFE AND KINDERGARTEN), 19
ACHESON AVENUE, CHRISTCHURCH

You are welcome to come with or without your child-if coming without, it may be useful to bring along a video of their current play or communication

Hands on history **Free**

Touch fossils of dino teeth, crabs
and even fossilised poo!

Meet the Canterbury Museum team for fossil
fun and ask your roar-some questions

11am-1pm, Monday 22 September, Shirley Library

christchurchcitylibraries.com



Canterbury
Museum

Christchurch
City Council



Empowering people, changing lives



office@shirleycommunitytrust.org.nz



www.shirleycommunitytrust.org.nz



[shirleycommunitytrust](https://www.facebook.com/shirleycommunitytrust)



03 981 5521



Office is located at corner of
Clearbrook Street and Briggs Road

Thanks to all those who contribute to this newsletter – through articles or photos
plus all those who deliver the copies each month.





www.shirleyvillage.org
facebook: Shirley Village
instagram: shirleyismyvillage

NOURISH ORAKA

has delicious meals for \$7 chilled or frozen ready to reheat. This community enterprise is open at 27 Acheson Ave on Mondays 1-2pm and Wednesdays 1-2pm and 5-7pm, or you can book a delivery for Mondays 5:30-7pm. For more information visit www.nourishoraka.com



LEGIT ART WALL Big thanks to amazing local artists Drows and Smeagol, Christchurch City Council, Shirley Library, residents of Alma Place, YCD Fresh and everyone who joined in to get this vibrant street art wall (in the lane between the library and Resene) off to a great start. We're looking forward to seeing it evolve over time.



SHIRLEY TOOL SHED is like a library of tools, gardening gear and other equipment you can borrow. You'll find it open outside the league club 33 Briggs Rd on Saturday mornings 9-11am. To celebrate hitting 100 members we're giving away a Bunnings voucher to a lucky member in September. Join now to be in!
www.shirleytoolshed.myturn.com/library



Springtime in the Garden

Spring is the season of fresh starts in the garden – longer days, warmer soil, and plants waking from their winter rest. September is prime time to prepare, plant, and plan for a thriving season ahead.

Prepare & Nourish

- ◆ Clear away weeds and old plant debris, then dig in compost or well-rotted manure.
- ◆ Add a 5-7 cm layer of mulch to retain moisture, suppress weeds, and improve soil.

Plant Vegetables & Herbs

- ◆ Sow seeds for summer salads: carrots, beetroot, lettuce, peas, and beans.
- ◆ Plant seedlings such as cabbage, leeks, corn, pumpkin, and courgettes under cover.
- ◆ Keep sowing herbs, but hold off on basil and coriander in cooler areas until October.
- ◆ Continue planting seed potatoes.

Fruit & Berries

- ◆ Plant strawberries and feed established plants.
- ◆ September is the best time to plant fruit trees and vines such as apples, pears, citrus, feijoa, and berries.

Flowers & Colour

- ◆ Refresh pots and garden beds with spring blooms – petunias, marigolds, dahlias, and cosmos.
- ◆ Sow or plant perennials for a colourful summer display.

Trees, Shrubs & Lawns

- ◆ Prune roses, hydrangeas, and fruit trees before growth takes off.
- ◆ Plant new trees, shrubs, and hedges with compost and fertiliser.
- ◆ Sow a new lawn or feed existing grass to boost growth.

Watch for Pests

- ◆ As the weather warms, pests like aphids and slugs reappear.
- ◆ Check plants often and act early with organic sprays, traps, or by encouraging beneficial insects.



With soil prep and steady planting now, your garden will burst with flavour, colour, and life all season long!

AFTER SCHOOL GARDENING CLUB
for primary school-aged tamariki
TUESDAYS (DURING TERM TIME)
3.15-4pm
MacFarlane Park Community Garden (off Jebson Street)
For more info contact Ann 027 4700 442

CHILDREN'S GARDENING PROGRAM
AUG-NOV 2025

PROGRAM TOPICS:
Explore the seasons, grow plants, and have fun in the garden!

• Seasons	• Composting
• Soil	• Water
• Seeds	• Garden Art
• Spring	• Harvest Prep
• Garden Helpers	• Garden Games
• Worms	• Harvest Party!

Contact Colin 027 639 1331

Shirley 'Bird Song' Trail Weeding Afternoon
Thursday 25th September // 1-3pm
Meet at Jebson Street end of MacFarlane Park
Afternoon tea provided

For more information contact Jane 021 460 097

shirley Christchurch City Council

We deliver Sunshine in Shirley to every letterbox in our neighbourhood. We hope you value our newsletter more than advertising or junk mail.

However, if you do not wish to receive this newsletter, please contact us at office@shirleycommunitytrust.org.nz.

If you would prefer to receive the newsletter in digital format, you can sign up at <https://shirleycommunitytrust.org.nz>. Thanks, the SCT team.